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November Meeting of the East Bay Chapter of the Association for Women in Science

“Being a Consultant” A Panel Discussion

Wednesday, November 2nd, 2005

Chiron Corp. Room 4.104, Emeryville

6:30 pm Light Supper (suggested donation, covers cost of food: \$10 non-members, \$5 members)

7:00 pm Meeting Begins

See www.ebawis.org or p. 3 for directions

What is it like to be a consultant? How does a scientist become a consultant? What skills and personality traits can help a consultant succeed? Listen to the stories of women who have, among others, worked as consultants. What’s it like? How did they get to these jobs? Is it difficult? Bring your questions!

Panelists:

Paula Shadle, Ph.D., is currently Secretary of EB AWIS, and a quality consultant in the biopharmaceutical industry. She trained as a biochemist, and worked in research, process development, QC and QA before founding Shadle Consulting in 2001. She specializes in “helping the science departments communicate with the quality control/quality assurance groups”.

Elizabeth Leininger, Ph.D., is currently Vice President of Regulatory Affairs at BAS Medical. Formerly a consultant with The Biologics Consulting Group, Lizzie has also worked for the FDA, Chiron, and SmithKline Beecham Pharmaceuticals.

Mary Davis, certified QA auditor, is currently the head of her own consulting firm. She performs QA audits and other services for pharmaceutical and biopharmaceutical firms. Mary has over 25 years of experience in the industry, working in positions of increasing responsibility.

Come and enjoy this talk and bring your questions. Hope to see you there!

Mentoring Event with the Berkeley SAGE Scholars

Laura McDevitt, ebAWIS Mentoring Program Coordinator, and Marjoie Weingrove, SAGE Program Coordinator, brought together a number of us for introductions and a delightful tour of the UC Berkeley Botanical Gardens.

Before embarking on the docent led meander through the gardens, we had a snack and introduced ourselves to one another. Since, for the most part, we enjoy talking about ourselves, it was no problem filling an hour with introductions.

Most of the scholars and all of the AWIS members then eagerly piled into cars to migrate to the sunny Botanical park where we feasted our eyes, ears and noses on the many pleasures of the extensive and remarkably varied garden collection. The docents did their best to answer the questions, asked and unasked of our groups. The time was quickly up, and we said a reluctant farewell until the next time.

Benefits of joining a local AWIS Chapter:

Enhance your career

- Meet women in our local area who are in influential positions
- Attend networking events at local universities and companies
- Attend seminars by leading scientists on a variety of topics
- Participate in panel discussions on topics relevant to women in science
 - Develop your presentation skills
- Develop leadership skills outside of your regular job

Expand your network

- Attend networking dinners and events hosted by local chapters
- Get involved as a chapter committee member
- Take on a leadership role as a chapter board member
- Find a mentor, friend, or new contact

Enhance your life

- Participate in forums discussing topics relevant to women in science:
 - Balancing work and family life, maternity leave issues, harassment and discrimination, and women's perspectives on science and science-related issues
- Attend group tours of local museums and gardens
- Outreach to local girls in their scientific growth and achievement
- Help a young woman reach for a career in science, math, or engineering

September Meeting Report: Speaker Susan Regan

Family and Work: Achieving a Balance in Life

By Suzanne Canada

Susan Regan, a licensed Marriage Family Therapist with a track record of successes in the bay area, a private practice in San Francisco and a special interest in helping new mothers transition back to work, guided us through an interactive meeting where we did a lot of self/group analysis to think about parts of our life that may be out of balance. From the outset, it was clear that Susan's style focused on self analysis. She asked us several questions: Who were your role models? What are your values? Is there anyone in your past that you would want to be like? She challenged us to envision the kind of person we might want to be. What were the values of your parents and role models? Are those your values? Susan led a lengthy discussion about the science role models that most of us had been mentored by.

Susan also posed the question whether our spouses or partners in life had the same work-ethics that we do. In modern families, where both adults are often working, it would be harder to keep the traditional standards that may have been present in past generations.. This makes modern relationships take a lot of work and communication. Susan also shared a couple of time-management exercises with the group, that would help manage our expectations of what we can accomplish in during the day.



East Bay AWIS 2005-2006 BOARD BOARD MEMBERS

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Program **Position Available!**

NCC-AWIS representative **Taking volunteers!**

Meeting Setup Coordinator **Need a volunteer!**

Meeting and Newsletter Sponsors **OPEN!**

Directions to Chiron Corporation 4560 Horton St, Emeryville, CA

From San Francisco: Take 101 North/I-80 East towards San Francisco. Continue on I-80 across the Bay Bridge. I-80 then joins I-580 (left lanes). Immediately move to the far right lanes and take the Ashby Avenue exit, the next exit past Powell Street. Exit at Ashby Avenue and proceed under the railroad overcrossing, then turn right on 7th Street at the light. Turn right on Folger Avenue and follow the road as it turns left and becomes Hollis Street. Continue on Hollis, across Powell Street, and turn right on 53rd Street. Chiron is the third driveway on the left (4560 Horton Street).

From Oakland: Take I-880 North. Continue past Oakland to the I-980 interchange towards Walnut Creek. Proceed to I-580 West to San Francisco then to I-80 East. Stay to the right and proceed towards Berkeley on I-80 East/I-580 West. Exit Powell Street and turn right on Powell at the light. Continue on Powell over the overpass to Hollis Street. At the light turn right on Hollis and then right again on 53rd Street. Chiron is the third driveway on the left.

From Walnut Creek: Take Highway 80 East toward Berkeley from Highway 24 Westbound, Exit Powell Street and turn right on Powell at the stop light. Continue on Powell over the overpass to Hollis Street. At the light turn right on Hollis and then another right turn on 53rd Street. Chiron is the third driveway on the left.

From the South Bay: Take I-880 North. Take I-980 exit towards Highway 24/Walnut Creek. Take the I-580 exit towards San Francisco/Hayward. Take the I-580 West exit on left towards San Francisco. Merge onto I-580 West. Turn slight right at the intersection of I-80 West Ramp to stay on I-580 West. Take the Powell Street exit towards Emeryville and turn right on Powell at the stop light. Continue on Powell over the overpass to Hollis Street. At the stop light at Hollis turn right, then right again onto 53rd Street. Chiron is the third driveway on the left.

Park for the AWIS meeting in the visitor parking area you will see immediately after turning off 53rd Street into the Chiron driveway. Our meeting takes place in the large brick façade building with purple and yellow stucco located across 53rd Street from visitor parking. Enter at the doors nearest the big yellow stucco ball. We meet in room 4.104.



THE ASSOCIATION FOR WOMEN IN SCIENCE
SAN FRANCISCO CHAPTER
WWW.SFAWIS.COM

PRESENTS ITS
OCTOBER CHAPTER MEETING

From the Bench to the Board Room: How I Learned to Love Suits and Writing

with CYNTHIA ROBBINS-ROTH, PhD

The founder of **BioVenture Publishing Inc.** and **BioVenture Consultants**, Cynthia Robbins-Roth has been part of the biotechnology industry since 1981. A frequent speaker on issues and events affecting the industry, she combines a technical background with extensive experience in the business and finance issues that drive this growing sector.



Wednesday, October 26th, 6:30 – 8:30pm
Genentech Hall Auditorium, UCSF Mission Bay
600 16th Street, San Francisco

\$10 general registration; \$5 for students, postdocs and members
Light supper and networking opportunities before the presentation

Register at **www.acteva.com/go/sfawis**
Mail-in payments accepted until Monday, October 17th
Credit card payments through Monday, October 24th

Maps and directions available at **<http://pub.ucsf.edu/missionbay/directions/>**

ALL SCIENTISTS, STUDENTS AND FRIENDS ARE WELCOME!